

Odyssey 3

Practice Book Audio Scripts



Unit 1 Healthy Habits



This is what I do to stay healthy. I wake up early, at 7 o'clock in the morning. I take a shower every day to keep clean. I eat three healthy meals a day. After each meal, I brush my teeth very well. I like to stay active, so I exercise in the afternoons, at about 5 o'clock. I drink six glasses of water a day. Finally, I go to bed early, at 9 o'clock. Even on weekends!



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Let's go to Costa Rica!



¡Hola! I'm Fabiola from Costa Rica. I live in San José, Costa Rica's capital and largest city. My country is in Central America. It's small, but it has diverse and beautiful ecosystems. It has more than 200 volcanoes! There is even an active volcano near my city, called *Irazú*. On weekends, there's a bus you can ride to visit some of its craters.

There are a lot of rain forests with different trees. Our national tree is the *guanacaste*—it grows up to 35 meters tall! There are also tropical beaches with sand of different colors; some are white, others are pink, and others even black. We also have beautiful waterfalls. There are five at La Paz Waterfall Gardens Nature Park. This park is near San José and it also has an animal sanctuary with over 100 species of animals.



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Thank you, Fabiola from Costa Rica!



DOCTOR: Come in, Jimmy. You don't look very well. What's the matter?

JIMMY: Hi, doctor. I'm always tired and sleepy.

DOCTOR: Let's see, Jimmy. I'm going to ask you some questions.

JIMMY: Sure.

DOCTOR: What time do you wake up?

JIMMY: I wake up early on weekdays, at 7 o'clock. On weekends, I wake up late.

DOCTOR: That's good. Do you eat a healthy breakfast?

JIMMY: Well, I eat cookies for breakfast every day. Oh, and a chocolate milkshake! I love it!

DOCTOR: Well, Jimmy. That's not very healthy. You can eat cereal and fruit, and drink milk.

JIMMY: No milkshake? OK...

DOCTOR: When do you exercise?

JIMMY: Hmm... I walk in the morning with Fido, my dog.

DOCTOR: Every day?

JIMMY: No, only on weekends.

DOCTOR: Oh, Jimmy. Please exercise every day. And what time do you go to bed?

JIMMY: I go to bed late because my favorite program starts at 10 o'clock at night.

DOCTOR: Wow! That's too late! Please go to bed early, at 8 or 9 o'clock, OK?

JIMMY: OK, I'll try. Do I need medicine, doctor?

DOCTOR: No, you don't. You need to sleep for nine or ten hours a night. And you also need to eat a healthier breakfast. You need good, healthy habits. That's it.

Unit 2 Big City, Small Farm



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Let's go to Poland!



Cześć! I'm Hanna. I live in Warsaw, in Poland. There are a lot of places you can visit in my city. My favorite part is the Warsaw Old Town—which is the oldest part of the city. There are beautiful colorful houses and historical monuments. Another great place is the Łazienki Park or the Royal Baths Park. It's the largest park in the city. In the summer, you

can enjoy piano concerts there. These concerts take place around the statue of the Polish pianist Frederick Chopin. He wrote classical music pieces, but he also played traditional music from Poland, like mazurkas and polonaises that people still dance. Another traditional dance from Poland is the *krakowiak*. It is danced by couples, and one of the dancers sings and tells the others what to do. They all wear traditional costumes. These usually have colorful bold patterns. You can also find bold patterns in the *wycinanki*, or papercutting designs. These are used as decorations, and they vary by region. Some of them are all in one color, while others are very colorful. The most popular patterns include peacocks, roosters and flowers.



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Thank you, Hanna from Poland!



ANNE: Welcome, Jimmy!

JIMMY: Thanks, Anne. I'm so happy to visit you on the farm. This is going to be the best summer vacation ever!

ANNE: We're going to have fun!

JIMMY: I'm excited about trying new things.

ANNE: I know you are, Jimmy. You always keep an open mind.

JIMMY: I do! Tell me, Anne, what do you do on the farm?

ANNE: Well, we're always busy. We wake up very early. At 4 o'clock.

JIMMY: 4 o'clock! Wow! Very early.

ANNE: Yeah. Mom always milks the cows in the morning.

JIMMY: Can I milk the cows one day?

ANNE: Sure. Maybe tomorrow!

JIMMY: And what does your dad do?

ANNE: He usually feeds the chickens, and he goes fishing.

JIMMY: Wow! Fishing sounds fun.

ANNE: I think it's boring, because you have to wait and wait and wait to catch a fish. It takes too much time.

JIMMY: That's OK. I want to go fishing, too!

ANNE: OK! I'll tell my dad you'd like to go.

JIMMY: Thanks, Anne. And what do you do?

ANNE: Well, I sometimes pick berries to make pies. I never work on the farm from Monday to Friday because I go to school. But I often go swimming in the lake. Do you want to go now?

JIMMY: Yes! Let's go! I never swim in a lake back home; I always swim in the swimming pool near my house. Hey, Anne, maybe you can visit me in the city next summer.

ANNE: Really? I'd love to. I'll ask my parents, Jimmy.

Unit 3 Food and Drink



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Let's go to Indonesia!



Halo! My name's Arief. I'm from Indonesia.

In my country, we have a lot of fun games. One of them is *Balap Karung*, played on Indonesia's Independence Day. Each player puts both legs in a sack and hops toward a finish line. The first player to reach the finish line wins the game! Another game is *Egrang*. Players stand and walk on stilts made of bamboo to get to the finish line. I still can't do it well. I find it difficult to keep my balance on the stilts. A fun way to choose who goes first in a game is by playing *Hom-Pim-Pa*, it's a version of rock-paper-scissors, but players show their hands with their palms facing up or down. You have to have at least three players, and the one that is different from the others is the winner. Players say a chant while they put their palms in a circle. I always win *Hom-Pim-Pa*! Finally, my favorite game is *Layangan*. To play this game, you need a kite. You have to fly your kite higher than the other children. There is even a festival in Bali where you can see giant kites with different shapes and bright colors.



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Thank you, Arief from Indonesia!

GRANDPA: Hello!

MIKE: Hi, Grandpa, it's Mike.

GRANDPA: Hey, Mike. It's so nice to hear you! How are you?

MIKE: Fine, thanks, Grandpa.

GRANDPA: I can't hear you very well. Why are you whispering?

MIKE: Mom and Dad are sleeping. Today is their wedding anniversary and we want to make breakfast for them!

GRANDPA: Great idea! How can I help?

MIKE: We need ideas. Lisa and I don't know what to prepare. We think eggs are boring.

GRANDPA: Oh, I see. Why don't you make a cheese sandwich and some salad?

MIKE: That sounds good. What do we need?

GRANDPA: You need some bread, two pieces of cheese and some vegetables. I'm sure you have all the ingredients at home.

MIKE: Lisa, is there any bread and cheese?

LISA: Yes, there's a lot of cheese in the fridge, and there's a big loaf of bread!

MIKE: Are there any vegetables?

LISA: Yes, there are!

MIKE: OK, Grandpa. What else? A glass of milk or a bowl of fruit?

GRANDPA: How about a glass of fresh orange juice?

MIKE: Yes! That sounds good.

GRANDPA: And they also drink coffee for breakfast, right?

MIKE: You're right. We'll make some. Thanks, Grandpa.

GRANDPA: Don't forget to make a small salad. Put some salad next to the sandwich on the plate. Be creative!

MIKE: Oh, yes. A salad! That's a great idea. Lisa can make some fun shapes with the vegetables.

GRANDPA: Good!

MIKE: We have to go. We need to make a wonderful surprise breakfast!

GRANDPA: Good luck, kids!

Cam's Odyssey: Units 1-3

EMMA: Dad, can we make a strawberry smoothie?

DAD: Sure. Let's see if we have the ingredients. Well, there are a lot of strawberries, that's good. There is a lot of milk, too. What else do we need, Emma?

EMMA: We need some ice, do we have any?

DAD: Yes, there's some.

EMMA: Great! And we also need some sugar.

DAD: Let's look in the cupboard. Oh, no! There isn't any sugar.

EMMA: Well, don't worry, Dad. We can use a spoonful of honey instead. Do we have any honey?

DAD: Yes! There is some honey.

Unit 4 Helping Out at Home



BOY AND GIRL: The world is big! The world is small!
We like to learn about the world!

CAM: Let's go to Hong Kong!



Nǐ hǎo! I'm Wai. Welcome to Hong Kong. There are two official languages in Hong Kong: Cantonese and English. Hong Kong is a cosmopolitan and modern place in Asia. Hong Kong has more skyscrapers than any other place in the world. Skyscrapers are more than 100 meters tall. The tallest one is the International Commerce Center. It's 484 meters tall! There are also rural areas with sandy beaches, woodlands and mountains. The highest peak in Hong Kong is Tai Mo Shan. Tourists enjoy hiking and taking pictures there because you can see the buildings from there. Another way to admire the buildings and skyscrapers is by going on a cable car. The Ngong Ping cable car system is on the Island of Lantau and it is 5.7 kilometers long. From the cable cars, you can see the sea, the North Lantau Country Park and the Hong Kong International Airport. If you feel hungry, you should try dim sum, which is a famous meal in Hong Kong. It includes several small dishes like dumplings, rolls, chicken and vegetables. You can get cake, too! People usually have dim sum for breakfast or lunch.



BOY AND GIRL: The world is big! The world is small!
We like to learn about the world!

CAM: Thank you, Wai from Hong Kong!



ANN: Hi, Mom! Are you coming home soon?

MOM: That's why I'm calling. Right now, I'm buying some snacks at the supermarket, but in 15 minutes I'm picking Rosie up to bring her home.

ANN: Oh, no! We haven't finished yet!

MOM: Don't worry, Ann. What are you all doing?

ANN: I'm mopping the floor in the kitchen, and Dad is vacuuming the rugs. Cookie came running in from the garden and the rugs are really dirty now.

MOM: Oh, no! Take Cookie out to the yard while you clean before the surprise party.

ANN: I will, Mom. Oh, and Rosie's friends are decorating the living room.

MOM: Oh, Rosie's friends are there already?

ANN: Yes, they're all here. And the living room is looking great!

MOM: It's going to be a nice surprise party! And what about Robert, what is he doing?

ANN: Let me check. Robert, what are you doing?

ROBERT: I'm setting the table.

MOM: I heard that. So, to give you all more time to finish, I'll take Rosie for some ice cream after I pick her up.

ANN: Good idea! Thanks, Mom.

MOM: And remember, when Rosie rings the bell, don't say anything and don't make any noise. And turn off the lights! Let's give your sister a big surprise birthday party!

ANN: Sure! I'm excited!

MOM: Me too! See you later.

ANN: Bye, Mom.

Unit 5 Sports Are Great



BOY AND GIRL: The world is big! The world is small!
We like to learn about the world!

CAM: Let's go to Scotland!



Hi! My name's Logan. I'm from Scotland. My country is part of the United Kingdom, and it's in Europe. England, Wales and Northern Ireland are part of the United Kingdom, too. English, Gaelic, and Scots are the three official languages in my country, but most of the population speaks English. Edinburgh is the capital city, and the largest city is Glasgow. I live in Glasgow. This city lies along the River Clyde. You can cross the river over the Clyde Arc bridge. I always cross it when I visit the Glasgow Science Center with my family.



There are a lot of interesting places to visit in Scotland. One of them is Dunvegan Castle, which is on the Isle of Skye. Did you know that the same family lived there for about 800 years? Today you can visit the castle and admire all the paintings and furniture that are still there. Another great place is the Kelvingrove Art Gallery and Museum. You can find a great collection of coats of armor, shields and

swords there. They were used by knights a long time ago. A traditional Scottish instrument is the bagpipe. This is a wind instrument with pipes and finger holes. It is played at different celebrations. The band members usually wear a traditional Scottish garment, the kilt. This is a kind of pleated skirt that men wear for special occasions, such as weddings, the Highland Games and at traditional music performances.



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Thank you, Logan from Scotland!



One

DAD: What's wrong, Pete?

PETE: I have to choose a sport for my PE class, but I'm not good at sports.

DAD: Don't say that. I can help you choose. What are your options?

PETE: There's baseball, but I won't choose that one. I'm a slow runner and I never reach the base safely. There's also basketball and volleyball.

DAD: Great. You are good at jumping high, so you would be good at either of those.

PETE: Well, I think you need to run fast in basketball, so maybe volleyball would be better. I might be good at blocking the balls.

DAD: I'm sure you will be, Pete.

PETE: Thanks for your help, Dad.

Two

BOB: Hi, Sue!

SUE: Oh! Hello, Bob! How are you?

BOB: I'm happy because I joined the baseball team!

SUE: That's great, Bob! I don't know which sport I should choose.

BOB: Join the baseball team with me!

SUE: I don't think so. I think I prefer an individual sport.

BOB: Like swimming?

SUE: Hmm, not really. I can't swim very well. I like tennis. I'm good at serving the ball.

BOB: Tennis is a good idea!

SUE: Yes. I'll come and see you play baseball!

BOB: Me too! I'll come and see you play tennis!

Unit 6 Go Green



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Let's go to Benin!



Salut! I'm Amadin from Port-Novo, in Benin. The food in my country is delicious. Cassava roots, which are also called *yuca*, are a popular ingredient in a lot of dishes. They're also used to make *gari* and chips. *Gari* is a type of flour made in my country. Because a lot of our dishes are fried, palm oil is another popular ingredient. It comes from a red fruit that grows on palm trees. One of my favorite dishes is *aloko*. It is made with fried plantains. Plantains look like bananas, but they are green and bigger. *Àkàrà balls* are also tasty. These are made of cowpeas fried with palm oil. The cowpea is a popular legume in my country that grows in sandy soil. It grows easily because it doesn't need a lot of water. I'm sure you'll like the food in my country if you try it!



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Thank you, Amadin from Benin!



CLARA: Hey, Frank. How are you?

FRANK: I'm excited, Clara! I'm planning my project for Earth Day next week.

CLARA: Me too! I already have an idea. I want to reuse my dad's old boots and plant something in them.

FRANK: That sounds like an original idea! Do you already have the plants?

CLARA: Yes, I do! And what about your project, Frank?

FRANK: I want to make a bird feeder by reusing a plastic bottle. After presenting this project at school, I want to put it outside the big window in my living room.

CLARA: Cool! The birds will love it.

FRANK: Yes! My sister is going to help me build the feeder; she did one last year.

CLARA: Great! I'd love to see it once it's finished.

FRANK: I also want to see your boot planter!

Cam's Odyssey: Units 4–6



MOM: Luisa, can you please set the table? Katy and I are cooking dinner. Luisa?

LUISA: Sorry, Mom. I can't right now. I'm vacuuming the rug in the living room. Fido and Bella left some dirt.

MOM: Oh no! And what are they doing right now?

LUISA: I took them out into the yard. They're playing there.

MOM: OK. Can you please ask Dad to set the table, then? I think he is taking out the trash.

LUISA: No, he isn't. John is doing that. But don't worry, Mom. I'll go and see.

MOM: Thanks, Luisa.

Unit 7 Once Upon a Time



BOY AND GIRL: The world is big! The world is small!
We like to learn about the world!

CAM: Let's go to Hawaii!



Aloha! I'm Lilo. Welcome to Hawaii. I'm going to tell you about the hula, a traditional Hawaiian dance. Hula dancers, the hulas, tell stories about the Hawaiian Islands through the movements of their hips and hands. The dance is often accompanied by chants and music played on traditional instruments, such as drums made from coconuts and the ukulele, a small guitar with only four strings. Hula dancers wear skirts made of raffia and beautiful necklaces made of flowers. These necklaces are called *lei*. It is common that when tourists arrive in Hawaii, they get a *lei* to make them feel welcomed. I'm learning how to dance at the *hālau*, the hula school, three times a week. We perform for the public every weekend. I love it!



BOY AND GIRL: The world is big! The world is small!
We like to learn about the world!

CAM: Thank you, Lilo from Hawaii!



MS. JONES: Listen, everybody. Today we're going to talk about Edgar Allan Poe. Yes, Tom?

TOM: What did he write?

MS. JONES: He wrote short stories and poems. He was an American writer born in 1809.

LILY: Wow! A long, long time ago!

MS. JONES: That's right. But his books are still popular. A lot of people read his stories today.

TOM: And what kind of stories did he write, Ms. Jones?

MS. JONES: He wrote ghost stories, science fiction and detective stories, but his most famous work is a poem. Yes, Alice?

ALICE: What's the name of the poem?

MS. JONES: It's called "The Raven." A raven is a big black bird. In the poem, a raven comes into a room, sits on a statue and says one word: "Nevermore." The raven repeats this word throughout the story and the main character doesn't understand why.

ALICE: Sounds a little scary. Are we going to read it, Ms. Jones?

MS. JONES: No, we're going to read a detective story. I'm sure you'll like it.

Unit 8 My Summer Vacation



BOY AND GIRL: The world is big! The world is small!
We like to learn about the world!

CAM: Let's go to Kenya!



Jambo! I'm Mwangi from Kenya. I live in Nairobi, which is the largest city in Kenya and one of the most modern cities in Africa. There are very tall buildings: the tallest one is 200 meters tall!

There are a lot of people who live in the countryside, too. Some of them work as farmers. One of the main crops in Kenya is coffee. The weather near Mount Kenya is perfect for growing coffee plants. Did you know that coffee beans are red?

There are also groups of people who live as nomads, moving from one place to another. One of the groups is the *Maasai*. They make beautiful, colorful necklaces using beads. Each color on a necklace has a meaning and it varies from one group to another.

Another important aspect of my country is the sports. Kenyan people are very good runners and we have won many gold medals in the Olympics.



BOY AND GIRL: The world is big! The world is small!
We like to learn about the world!

CAM: Thank you, Mwangi from Kenya!



MAURICE: Hey, Laura! Nice to see you again! Did you have a nice vacation?

LAURA: Hi, Maurice! Nice to see you, too! Yes, I did. It was exciting! I had a lot of fun!

MAURICE: Really? Where did you go?

LAURA: My family and I went to Crocosaurus Cove, in Australia!

MAURICE: Croco... what?

LAURA: Crocosaurus Cove. It's a kind of aquarium. The main attraction is the crocodiles, and you can swim with them!

MAURICE: Are you kidding?

LAURA: Well, you can do it in a kind of capsule called "the cage of death." You enter this capsule and see the crocs swimming near you. They can't touch you, of course.

MAURICE: That sounds awesome!

LAURA: It was! My dad did it.

MAURICE: What else can you see there? Only crocodiles, or were there koalas, too?

LAURA: There weren't any koalas, but there were other reptiles.

MAURICE: And could you touch them?

LAURA: Yes, some of them. I held a baby crocodile. I saw some snakes, too, but I didn't hold them. There were more than 70 species of reptiles!

MAURICE: Wow! I hope I can visit that place one day!

LAURA: I'm sure you will have fun! And what did you do during the summer, Maurice?

MAURICE: Well, nothing as interesting as that. But I had a good time.

Unit 9 Ancient Worlds



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Let's go to Tahiti!



Ia ora na! My name's Hoku. I'm from Tahiti. Tahiti is part of a group of French islands in the Pacific Ocean. It has beautiful beaches and mountains, and it is surrounded by coral reefs. The official language in Tahiti is French, but many people also speak Tahitian, too. Something funny about this language is that the letter *b* and other consonants don't exist, so for example, the real name of Bora Bora, an island near Tahiti, is Pora Pora. Tahiti's national flower is the gardenia, a small white flower that is used to make perfumes. Its bush can grow up to four meters tall! Tahiti's national dish is *poisson cru*, or raw fish. It is delicious, and it's made with fish, lime juice and cucumber. Finally, my country's national sport is called *wa'a*, or outrigger canoeing. A *wa'a*, or canoe, has a float attached on one side to keep it balanced. These canoes can be for one

or up to six people. It's a great team sport because everybody has to paddle! My dad plays this sport and even goes to competitions sometimes.



BOY AND GIRL: The world is big! The world is small! We like to learn about the world!

CAM: Thank you, Hoku from Tahiti!



SEAN: What are you doing, Regina?

REGINA: I'm reading a book about Machu Picchu. It's really interesting!

SEAN: Machu Picchu? I've never heard of it.

REGINA: It's an Inca city in Peru. Here, listen, Machu Picchu is very, very high up on a mountain. It would take you about three hours to climb up to it.

SEAN: Three hours! And how did people build it?

REGINA: There are many theories about it. But what they are sure about is that they were great architects and engineers. They even built a water system for their crops.

SEAN: Amazing! And when did the outside world discover Machu Picchu?

REGINA: In 1911. An American explorer called Hiram Bingham came to Peru. A farmer told him about the mountain. Bingham climbed up the mountain and he found the city and a lot of incredible treasures.

SEAN: Amazing!

REGINA: Today, a lot of tourists visit Machu Picchu.

SEAN: I'd love to go there some day! But how can we get there?

REGINA: You can get there by train!

SEAN: Great!

Cam's Odyssey: Units 7-9



One

If you enjoy plays or concerts, you will love this place. Don't forget to buy your tickets before each event.

Two

If you are looking for something fresh to eat or even souvenirs, visit Main Street. You will find excellent prices!

Three

You can go to the top using an elevator or by walking up the stairs if you are in good shape. The view from the roof is amazing!

Four

There is a bus that takes you there. Farmers can give you a tour and show you their main crops. You can even ride a tractor!