

## Human Organs

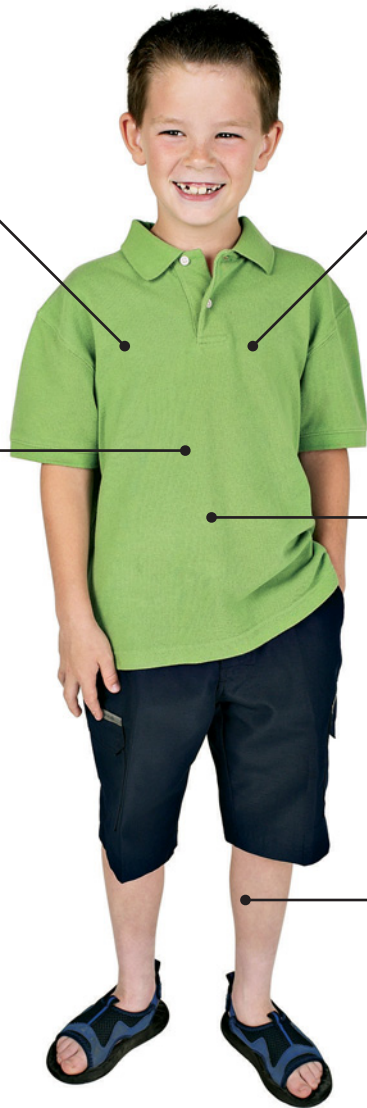
The **lungs** are two organs that allow us to breathe and use the oxygen in the air.

The **heart** pumps blood to all body parts.

The **skeleton** supports and gives shape to the body. It protects vital organs and has bones connected by joints.

The **stomach** mixes and transforms food before it goes to the intestines.

**Muscles** are a kind of tissue that contracts and expands. With the help of bones, they allow us to move.



## Exercise

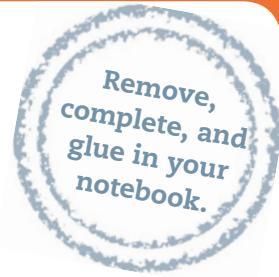
Exercise develops muscles and strengthens the heart. You should play sports or ride a bike to stay healthy!



Eating well and spending less time watching TV or on the computer also makes you healthier.

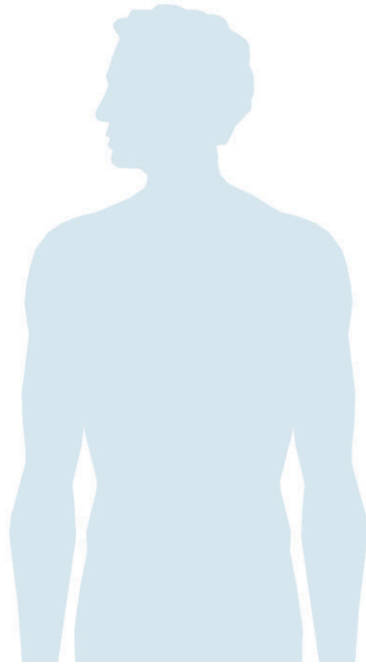


# Test 3 Study Page • Review



## Section 1

1. Draw the heart, lungs and stomach. Write their functions.



- heart ► \_\_\_\_\_
- lungs ► \_\_\_\_\_
- stomach ► \_\_\_\_\_

## Section 2

2. Explain the function of muscles and bones in the body.

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## Section 3

3. Mark which pictures have positive effects on the heart and muscles.



a. Why are these actions good for your health? Explain.

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