

Unit 6 Reading Worksheet 1

Name _____

1 Scan the text below and answer this question.

Who is happy in the morning? _____

Morning Routines



This is Andre. He's a morning person. His favourite time of the day is 6 a.m. He is always happy in the morning. Every day he wakes up early, exercises and has a shower. Then he has breakfast with his family and goes to work.



Nina is Andre's sister. She is not a morning person. She doesn't follow a morning routine, and she always wakes up **late**. Sometimes she doesn't have breakfast. The morning is not her favourite part of the day.

2 Read and complete.

- Andre is a _____ person.
- Andre is Nina's _____.
- Nina _____ a morning person.
- Andre has breakfast with his _____.
- Andre always wakes up _____.
- _____ doesn't always have breakfast.

3 Complete the chart and write the names.

~~always wakes up early~~ always wakes up late
doesn't always have breakfast follows a morning routine

| | |
|-----------------------|----------------------------------|
| | |
| always wakes up early | |
| | doesn't follow a morning routine |
| always has breakfast | |



4 Stop and Think! Who do you compare yourself to?
Nina or Andre?

Glossary

late: after the right time