

# Value Activity 9

1 Draw a face next to each statement.



= a good friend



= a bully

1. Talks badly about you behind your back.



2. Invites you to the movies on the weekend.



3. Calls you horrible names.



4. Spreads rumors about you.



5. Buys you a present for your birthday.



6. Physically hurts you.



7. Isolates you from other people.



8. Spends a lot of time with you.



9. Walks home with you after school.



10. Helps you when you have a problem.



2 Read the quote and discuss the questions. 

"Sticks and stones may break my bones, but names will never hurt me."

1. Does the quote mean that verbal abuse isn't hurtful?
2. Do you agree with the quote?

3 Read and circle the best ways to stop a bully. 

## How to Stop Bullying

fight with the bully

tell your parents

pretend nothing is happening

tell the bully that his/her behavior is unfair

tell your teacher

call the bully names

ask your friends for help

talk to the victim

spread rumors about the bully

cry in front of the bully to show how it hurts

call the police

tell the bully to stop it

act as if you don't care

walk together with your friends

hide

don't do anything to annoy the bully