

Value Activity **4**

1 Read, look and number the pictures.

1. Brush your teeth.
2. Wash your hands.
3. Put your clothes in the laundry basket.
4. Wash your hair.
5. Brush/comb your hair.
6. Eat fruits and vegetables.
7. Drink water.



2 Mark (☺) your healthy habits for one week.

	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
brush teeth							
wash hands							
wash hair							
brush/comb hair							
eat fruits and vegetables							
drink water							
put your clothes in the laundry basket							