

How well do you know your partner?

1 Categorise the emotions into positive or negative feelings.

afraid angry annoyed anxious brave calm cheerful curious delighted disappointed embarrassed excited frightened glad guilty happy jealous miserable nervous stressed

😊 Positive 😊

😞 Negative 😞

afraid

2 Work in pairs. Read the personality test and guess what your partner's answers will be.

How well do you know your partner?

1 A friend calls to cancel going to a party.
Does your partner ...

- A feel a bit nervous but decide to go to the party alone?
- B get angry and tell the friend he/she is unreliable?
- C feel a bit disappointed and decide to stay at home?

2 You win some money on the lottery.
How does your partner feel?

- A Happy for you.
- B A bit jealous of you.
- C Curious about what you will spend the money on.

3 A shop assistant is rude to your partner in a supermarket. Does he/she ...

- A think she must be having a bad day and ignore her?
- B tell her she is paid to be pleasant, not miserable?
- C stay calm but speak to the manager on the way out?

4 Your partner drops his/her lunch
all over his/her trousers.
Does he/she ...

- A think it's really funny and laugh about it with friends?
- B feel embarrassed and very anxious?
- C think it's quite amusing but then go to the toilet to clean up?

5 Your partner hears a strange noise
at night. Does he/she ...

- A listen carefully and realise it's only the cat?
- B feel scared and call the police on his/her mobile?
- C try to be brave and go out to see what it is?

3 Take turns to ask each other the questions. Compare your answers. Do you know your partner well or not at all?

4 Now read the quiz scores below. In pairs, discuss whether your characters match the descriptions below.

Mostly As - You're so calm and relaxed you're nearly asleep!

Mostly Bs - Oh dear. You're super stressed! You need to learn to relax before you have a heart attack!

Mostly Cs - you can get a bit anxious but generally, you're quite a cool cat.